



AMAZING SCENTS.  AROMATHERAPY

LEARN WITH LIANNE



A weekly newsletter all about learning more about your precious essential oils and accessories from Amazing Scents

Welcome to our new newsletter - ***Learn with Lianne***. Each week we will look at different oils, different topics related to oils and different ways we can incorporate them into our lives. We hope this newsletter will inspire you, uplift you and give you more education around your oils.

ARGAN OIL

As we head into the colder months, it is important to take care of all of your body, from head to toe and everything in between. Many people neglect their hair during the cooler months. People don't get it cut as often or wash it as often. Our hair can become quite dry and brittle during the winter months,

However, we know that when our hair looks good, it helps us feel good. So I would love to share one of my favourite products for hair support.

Yes, I know, I always say the product I'm talking about is my favourite. But that's because all of the products in the Amazing Scents range are my favourites. Anyway, back to Argan oil.



Argan Oil Facts:

- **Botanical name:** Argania spinosa
- **Method of extraction:** Cold-pressed
- Argan oil comes from the sandy deposits of the South Western part of Morocco and is made from the nuts of the Argania Spinosa tree. The nuts are cracked; the seed is extracted from the nuts and is crushed into a paste and oil through the cold press method.
- Argan oil is rich in Vitamin E and contains almost 80% of fatty acids including linoleic acid, oleic acid, palmitic acid, and stearic acid.

[Argan](#) oil can be used on the skin. It nourishes the skin and can lessen the appearance of acne scars, fine lines, and wrinkles. It enhances the skin's texture and leaves the skin feeling soft and supple. It also balances the skin's natural pH levels whilst reducing its oiliness and because of this is a great addition to the Facial Carrier Oil that we use as the base to make the Beauty Serum.

This great addition to your personal care has long been used to nourish the hair and scalp, and encourage hair growth. Simply drop 2-4 drops onto your palm, rub and work it in. You may choose to add some Lavender or Rosemary essential oil to help support hair growth as well.

Argan oil is featured in our current Savers. Saver pack 3 has all the products you need for luscious hair and is valued at over \$90. But when you spend \$90 in our retail range, Saver 3 can be yours for only \$36.75. Our savers really are a wonderful way to grow your oil and accessories collection.

Do you love Argan oil? How do you use it? What changes have you noticed since adding it to your personal care routine?

Get Funky

DIFFUSER BLEND



During the colder months, we can start to feel a little blue, a little down. So I've suggested the "Get Funky" blend to help uplift your spirits and get you out of that funky mood.

And remember to share your stories, your wins, your gains, and your fails, in the Facebook group, The Secret Oil Garden, so that others can learn tips and tricks. Every time you post in the group is an entry into our monthly giveaway.

Email us at socialmedia@amazingscents.com.au and we will share your stories in future editions of our newsletter.

Remember to follow us on [Facebook](#) and [Instagram](#), and like, comment and share our content with your friends, family and the local community.



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